

**The Florida Academy of Pain Medicine
Is Proud to Present**

**THE 2011 ANNUAL
SCIENTIFIC MEETING**

In Conjunction with

*Florida Society of Physical Medicine & Rehabilitation
American Academy of Regenerative Orthopedic Medicine*

August 18-21, 2011

*The Breakers
Palm Beach, Florida*



FAPM, FSPMR, & AAROM gratefully acknowledge the financial support provided by Florida Doctors Insurance Company/Danna Gracey for syllabus thumb drives and lanyards,

Make Plans to Attend Florida Academy of Pain Medicine 2011 Annual Scientific Meeting

*Florida Society of Physical Medicine & Rehabilitation &
American Academy of Regenerative Orthopedic Medicine*

This annual scientific meeting will feature a faculty, some nationally recognized, from a variety of pain medicine specialties, and will also feature an additional physical medicine and rehabilitation track on Saturday afternoon. This content-filled conference will provide the pain medicine and physical medicine and rehabilitation practitioner with sophisticated diagnostic guidelines necessary to evaluate complex syndromes, including demonstrations and training in cutting edge techniques. Educational formats will include a “hands-on” workshop, lectures, power point presentations, and plenty of Question and Answer time for audience participation and learning.

HOST HOTEL

The Breakers

One South County Road
Palm Beach, Florida 33480

Room Rate: \$189.00, deadline
July 18.

Making Reservations: Reservations may be made by calling

1-888-BREAKERS (273-2537) and by stating that you are with the Florida Academy of Pain Medicine.

The Breakers is a luminous classic in the world of resorts, one that could not be replicated today. Yet it has never been more inviting. Over \$225 million has been invested, to date, in its ongoing revitalization and expansion. Its timeless atmosphere has been renewed with an exquisite yet relaxed style, a residential elegance that has been energized with a youthful, family-minded philosophy. It is Palm Beach’s palace on the sea, but with the feel of an inn.

In its truest form, service comes from the heart. It is a team of service professionals inspired to be naturally helpful, empowered to graciously anticipate. Gestures of service you deserve to experience, unobtrusively and with a warm and caring manner.



Whether for sport or relaxation, recreation abounds at The Breakers with 36 holes of championship golf, including the revitalized Ocean Course and the new Rees Jones designed course at Breakers West; premium tennis facilities; a luxury oceanfront spa; a Mediterranean-style beach club with four oceanside pools; first-class fitness facilities; water sports; a dedicated Family Entertainment Center; interactive family and children’s programs; irresistible boutiques and an array of memorable restaurants designed to suit every palate.

- 560 newly renovated guest rooms, including 57 suites
- Luxurious oceanfront spa and waterfront Jacuzzi
- Four heated, oceanfront pools, including an adult-only lap pool and children’s pool
- Two fitness centers, two beauty salons, ten boutiques.
- Family Entertainment Center featuring a toddlers’ play room, arcade, craft area, movie room and computer/Xbox room
- Baby-sitting services
- Eight unique restaurants and four bars
- 24-hour in-room dining
- 32,000 square foot golf and tennis clubhouse featuring a sports pro shop and The Flagler Steakhouse
- 36 holes of championship golf, featuring the Ocean Course and the new Rees Jones designed course at Breakers West
- 10 lighted Har-Tru tennis courts with resident Pro
- Scuba diving, deep-sea fishing, and other water sports, shopping and tours nearby.
- Meeting facilities include a total of 65,000 square feet of indoor and outdoor space

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Bayfront Medical Center and Florida Academy of Pain Medicine. Bayfront Medical Center is accredited by the Florida Medical Association to provide continuing medical education for physicians.

Bayfront Medical Center designates this educational activity for a maximum of 22.5* AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*Includes Pre-Conference Workshops

2011 Preconference Program Schedule

Florida Academy of Pain Medicine (FAPM)

Florida Society of Physical Medicine and Rehabilitation and
American Academy of Regenerative Orthopedic Medicine
With a pre-conference workshop by FAPM and AAROM

August 18-21, 2011

Musculoskeletal Ultrasound and PRP Workshop

Faculty: Jon A. Jacobson, MD, Professor of Radiology Director, Division of Musculoskeletal Radiology, University of Michigan; Marc Hirsh, MD, Advanced Rheumatology Center, Delray Beach, Florida; Felix Linetsky, MD and Raul Monzon, MD

Thursday and Friday, August 18 and 19, 2011

Thursday 1-5 pm – Basics of Ultrasound (KNOBOLOGY); Elbow, Shoulder, Wrist.

Friday, August 19, 2011 - 8 am – 5 pm – Correlation of physical findings, clinical anatomy with ultrasonography: Hips, Knees, Sacroiliac joints, patellar, Achilles tendon, and Ankles.

(ATTENTION PARTICIPANTS YOU NEED TO HAVE LOOSE SHORTS AND UNDERWEAR TO BE ABLE TO SCAN HIPS)

Regenerative Injection Therapy with PRP and Polidocanol demonstration on patients

Total 12 CME hours for musculoskeletal Ultrasound Workshop

Friday, August 19, 2011 - 8 am – 5 pm – 8 hour CME basic pain medicine and opioid pain medicine course. Drs. Albert Ray, MD and Marla Golden, DO, on: How to prepare for the state inspection.

Bradley Meinsk CEO of Spine Pain & Orthopedic Injury Center, (a large Pain practice which has passed the inspection with the flying colors).

Saturday, August 20, 2011

Lecture Series

7:00 am – 8:00 am Registration and Breakfast in the Exhibit Hall

8:00 a.m -8:15 am Welcome:
Raul Monzon, MD, President, FAPM
Mitchell Freed, MD, President, FSPMR
Felix Linetsky, MD, President, AAROM

Theme: State-of-the-Art Use of Diagnostic Ultrasound in Pain and Dysfunctions

8:15 am – 9:15 a.m. Keynote:
Jon A. Jacobson, MD – Professor of Radiology Director, Division of
Musculoskeletal Radiology- University of Michigan

9:15 am – 10:00 a.m. Platelet Rich Plasma - Uses in Pain Medicine Treatment
David Crane, MD

10:00 am – 10:30 a.m. Exhibit Hall Break

Program (Saturday, August 20)

10:30 am – 11:00 a.m. Use of interventional procedures in the diagnosis and management of persistent chronic axial spinal pain: An evidence based review of the options.
Mike Frey, MD

11:00 am – 11:30 a.m. Minimally invasive surgeries for chronic groin pain. When, Why, Indications and Outcomes
Pieter Hommen, MD

11:30 am – 12:00 pm CME Panel Discussion Q&A

12:00 pm – 12:45 pm Luncheon and presentation

12:45 pm – 1:15 pm FAPM Annual Business Meeting

Theme: Multi-modal/Multi-dimensional treatment of chronic non-malignant pain syndromes

American Academy of Regenerative Orthopedic Medicine Perspective.

1:15 pm – 2:00 pm Biologic Approach: Stem cells in knee and hip osteoarthritis, comparison of 250 cases with untreated controls. Update on stem cells.
John Schultz, MD

2:00 pm. – 2:45 pm Painful Cervicothoracic Tendinosis and Enthesopathies Treated with RIT
Felix Linetsky, MD

2:45 pm – 3:15 pm Exhibit Hall Break

3:15 pm – 3:45 pm Use of Multidisciplinary Rehabilitation Programs to Treat Chronic Non-Malignant Pain Syndromes and Disability – Evidence Basis
Fernando Branco, MD

3:45 pm – 4:30 pm Update on neuromodulation for treatment of non-spinal pain syndromes
Tom Yearwood, MD

4:30 pm – 5:15 pm The use of opioid medication to treat non-malignant pain
Safety for practitioners = safety for patients
Jennifer Bolin, Atty. at Law

5:15 pm – 5:30 pm Panel Discussion/Structured Q&A

(7.75 CME hours)

FSPMR Breakout

1:15 pm – 2:00 pm Use of Musculoskeletal Ultrasounds as an Extension of the History and Physical Examination in PM&R
Robert Irwin, MD

Program (Saturday & Sunday, August 21, cont.)

- 2:00 pm – 2:45 pm Neurotoxin: An Update – Experience With New Indications and New Molecules
Ramon L. Cuevas-Trisan, M.D.
- 2:45 pm – 3:15 pm Break in Exhibit Hall
- 3:15 pm – 3:45 pm Implications of Older Workers Remaining in the Workforce
Jesse Lipnick, MD
- 3:45 pm – 4:15 pm Sports Concussions: Role of the Physiatrist in Assessment and Treatment
Mark Rubenstein ,MD
- 4:15 pm – 4:45 pm Inpatient Rehabilitation: Novel Treatment Strategies in the Rehabilitation Treatment of Traumatic Brain Injuries
Jasmine Martinez-Barrizonte, DO
- 4:45 pm – 5:15 pm Shape of PM&R past, present and future: Effect on current Physiatrists
Andrew Sherman, MD
- 5:15 pm – 5:30 pm Panel Discussion

- 5:30 pm – 7:00 pm President’s Reception in the Exhibit Hall
- 7:00 pm – 9:00 pm FSPMR Dinner and Annual Business Meeting

Sunday, August 21, 2011

- 7:30 am – 8:15 am Registration / Breakfast in the Exhibit Hall
- 8:15 am – 8:45 am Board of Medicine Rules and Update
Jennifer Lieberman, esq
- 8:45 am – 9:15 am CME Panel Topic “What was achieved and how you can get involved”
Raul Monzon, MD, Marla Golden, DO, Jeffrey Zipper, MD and Albert Ray, MD
- 9:15 am – 10:00 am Retraining the Brain – Making Permanent Improvement
Albert Ray, MD and Marla Golden, DO
- 10:00 am – 10:30 am Break in Exhibit Hall
- 10:30 am – 11:00 am What the FMA is doing in the area of pain medicine.
Miguel A. Machado, MD, FMA President
- 11:00 am – 11:30 am Nuts and bolts of correct coding in Pain Medicine to maximize outcomes
Kristine D. Eckis
- 11:30 am – 12:00 pm Evidence basis for Medial Branch Neurotomy in treatment of axial spinal pain
Jose Mena, MD
- 12:00 pm – 12:15 pm Panel Questions and Discussion

(3.25 CME hours – 11 total for the course)

Florida Academy of Pain Medicine
Florida Society of Physical Medicine and Rehabilitation
American Academy of Regenerative Orthopedic Medicine

August 18-21, 2011

The Breakers, Palm Beach, Florida

[REGISTRATION ONLINE](#) (CLICK HERE)

Registration by mail:

Name: _____ **Email:** _____

Address, City, State: _____

Telephone: _____ **Fax:** _____

Payment – mail check to FAPM, P.O. Box 13489, St. Petersburg, Fl. 33733

Thursday & Friday Workshops:

Thursday, August 18, 2011

1 pm – 5 pm 10 Basics of Ultrasound (KNOBOLOGY); Elbow, Shoulder, Wrist

Friday, August 19, 2011: 8 am – 5 pm Correlation of physical findings, clinical anatomy with ultrasonography Hip, Knee, Sacroiliac joint, patellar and Achilles tendons, Ankle. \$750 _____

Single Day Fee: Thursday, August 18, 2011 (One day only) \$300 _____

Single Day Fee: Friday, August 19, 2011 (One day only) \$550 _____

Friday, August 19, 2011

Workshop: 8 am – 5 pm 8 hour CME basic pain medicine and opioid pain medicine course. \$450 _____

Conference: Saturday and Sunday, August 20-21

FAPM, FSPMR, AAROM Member \$449* _____

NonMember: Physician - MD/DO \$499* _____

Nurse/PA/PT/Licensed Healthcare Professional \$299* _____

or Retired Physician

Resident/Fellow \$0 _____

MD/DO One day registration **ONLY** \$175. _____

Saturday or Sunday

Allied Health Professionals One day registration **ONLY** \$ 125 _____

Saturday or Sunday

TOTAL: \$ _____

***OnSite Registration Fees**

[REGISTRATION ONLINE](#) (CLICK HERE)



Florida Academy of Pain Medicine

Mission: To pursue a high standard of excellence in the practice of pain medicine; to promote the interests of patients suffering with pain; to enhance the scope and level of knowledge for pain disorders; to enhance physician knowledge in clinical evaluation and treatment of patients with persistent pain disorders through continuing education activities; and to promote a healthy socioeconomic climate conducive to patients suffering from persistent pain so that they receive high quality and specialized medical care.

Membership Application

Mail with check to: Kenneth Webster, D.Ed., Executive Director
P.O. Box 13489, St. Petersburg, Fl. 33733
Ph. (727) 581-4319, Fax (727) 581-8537

I am a Licensed Physician in good standing. I am enclosing my application fee of \$275.
(Send check if mailed. **ONLINE:** <http://fapmm.net/ConfReg.htm>)

Name: _____

Degrees: _____

Please indicate how you would like your name & degrees to appear on documents

Company/Institution: _____

Office Address: _____

City: _____ State _____ Zip: _____

Office Phone : _____ Fax: _____

Email (Important!) _____

Primary Speciality _____

Secondary Speciality _____

Other Areas of Professional Interest _____

Please List Professional Organizations to which you belong: FMA? Yes NO

Board Certification (s) _____

Date of Birth _____ Sex _____ Spouses Name _____ Home phone: _____

Home Address: _____

PLI Carrier: _____

State (s) in which you are Licensed to Practice Medicine: _____

License Number(s): _____

Signature _____

FAPM 2011 Basic Pain Medicine

10 hour course

Schedule

Friday, August 19, 2011 - 8 am – 5 pm

- a. Pathophysiology of Pain.....7:30-8:30 AM Ray
- b. Non-opioids.....8:30-9:30AM Ray
 - 1. Acetaminophen
 - 2. NSAIDS
 - 3. AEs
 - 4. Muscle relaxers
 - 5. Triptans
 - 6. Topicals
- c. Break 15 min.....9:30-9:45 AM**
- d. Psychotropics.....9:45-10:45 AM Ray
 - 1. Antidepressants
 - 2. Anxiolytics
 - 3. Hypnotics
 - 4. Neuroleptics
- e. Opioids.....10:45-11:45 AM Golden
- f. Controlled Substance Agreements.....11:45-12:15 Bolen
- g. Break.....12:15-12:30 PM**
- h. Lunch: Cognitive-behavioral Therapies12:30-1:25PM Ray**
- i. Manual therapies.....1:30-2:30 PM Golden
- j. CAM.....2:30-3:00 PM Golden
- k. Break.....3:00-3:15 PM**
- l. Interventional therapies.....3:00-3:30 PM Yearwood
- m. Addiction, diversion.....3:30-4:00 PM Golden
- n. Regulatory Issues
 - 1. Pain clinics.....4:00-4:30 PM Lieberman
 - 2. Documentation.....4:30-5:00 PM Zipper
 - 3. PDMP, Urines.....5:00- 5:30 PM Zipper
- o. Q&A.....5:30-6:00 PM Faculty



The Breakers
Palm Beach, Florida





P.O. Box 13489
St. Petersburg, Fl. 33733

**2011 Annual
Conference
Registration Materials
Questions?: (727) 581-4319**

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