2016 Program Draft Schedule

August 12-14, 2016
Florida Academy of Pain Medicine (FAPM)
Florida Society of Physical Medicine & Rehabilitation (FSPM&R)
American Academy of Regenerative Orthopedic Medicine (AAROM)
with pre-conference workshops

WORKSHOPS

A) Musculoskeletal Ultrasound Workshop  Friday, August 12, 2016
8:00 a.m. – 5:00 p.m. (8 hours of CME)
Faculty: Felix Linetsky, MD, Michal Scarpone, DO, Keith Hansen, DC, Musculoskeletal Sonographer.
Correlation of physical findings, clinical anatomy with ultrasonography shoulder, knee, hip, (costotransverse joints and cervical median branch blocks (for advanced participants)). Regenerative Injection Therapy and PRP demonstration with ultrasound guidance on patients.

Also included: Interventional Spinal Procedures
Faculty: Vinod Malik, MD, Raul Monzon, MD, Louis Raso, MD
Teaches the use of invasive techniques such as facet joint injections, nerve blocks, neuroaugmentation, spinal fusion and implantable drug delivery systems.

B) Interdisciplinary Approach & Future of Pain Medicine  Friday, August 12, 2016
8:00 a.m. – 5:00 p.m. (8 hours of CME)
Agenda attached

C) Florida Society of Physical Medicine & Rehabilitation Workshop  Friday, August 12, 2016
8:00 a.m. – 5:00 p.m. (8 hours of CME)
Agenda attached

All 3 workshops run consecutively
You may only register for one.
“New Issues in Why We Hurt and What to Do About It”

8:00–8:15 a.m.  **Introduction of faculty and the program** – Albert Ray, MD
   a. Morning: What We are Learning & Why We Hurt
   b. Afternoon: What We Are Learning to Do About It

8:15–9:00 a.m.  **The Body, Brain and Pain** – Albert Ray, MD
   a. The holographic pain complex: physical, stress, mood, cognitions, memory
   b. Which organ hurts?
   c. Brain complex or fascial-organ response?
   d. Sensitization and neuroplasticity
      i. Physical
      ii. Stress related
      iii. Addiction

9:00–9:45 a.m.  **Low Level Inflammation and Fascia** – Marla Golden, DO
   a. Fascial architecture
   b. Glial cells and recruitment
   c. Fascial response to stimulation/excitation
   d. Mense’s work: Sensitization of fascia

9:45–10:00 a.m.  **Break**

10:00-10:30 a.m.  **The role of cytokines** – Marla Golden, DO

10:30-11:15 a.m.  **The role of the gut, nutrition, and toxins** – Steve Wheeler, MD

11:15-12:00 p.m.  **The mitochondria and energy** – Carol Davis, Ph.D.

12:00-1:00 p.m.  **Lunch and The opioid crisis: Can we resolve it?** – Richard Stieg, MD

1:15-2:00 p.m.  **Medical Laser Applications that work** – Michael Weber, MD

2:00-2:45 p.m.  **Manual Therapies that work** – Brent Anderson, Ph.D. & Carol Davis, DPT, EdD, FAPTA

2:45-3:30 p.m.  **Functional Medicine & Pain** – Steve Wheeler, MD

3:30-3:45 p.m.  **Break**

3:45-4:30 p.m.  **Proper Opioid Management** – Richard Stieg, MD

4:30-5:15 p.m.  **Non pharmacological therapies** – Albert Ray, MD
   a. The physical response to the mind
   b. Talking with your fascia
   c. The language of healing
C) Florida Society of Physical Medicine & Rehabilitation Workshop

8:00 – 9:00 AM
The Future of Pain Medicine
Randall Braddom MD

9:00 – 10:00 AM
Disability and Workers Compensation
Anthony Dorto MD

10:00 – 10:15 AM Coffee Break

10:15 – 11:00 AM
How do Nurse Practitioners Optimize a PM&R Practice?
LaMisa Rayside ARNP-BC
Brandi Silinski ARNP

11:00 AM – 12:00 PM
Update on Subacute Rehabilitation
Nicholas Henderson MD

12:00 – 1:00 PM Lunch

1:00 – 2:00 PM
Medical Marijuana Update
Penelope Ziegler MD

2:00 – 3:00 PM
Update on Intrathecal Therapies
Robert Kent DO

3:00 – 3:30 PM – Break in Exhibit Hall

3:30 – 4:15 PM
Building a PM&R Residency Program
Alan Novick MD

4:15 – 5:00 PM
Treatment & Management of Spinal Stenosis
Nilusha Fernando DO

5:00 – 5:45 PM
Multimodal Approached to Treatment of Low Back Pain
Lindsay Shroyer MD
16th Annual Meeting Lecture Series
Saturday, August 13, 2016

7:00 A.M. – 8:00 A.M.  Registration & Breakfast in the Exhibit Hall

8:00 A.M. – 8:15 A.M.  Welcome: Vinod Malik, MD, President FAPM, Michael Creamer, DO, President FSPMR, Felix Linetsky, MD, President AAROM

Program at a Glance: Interventional Fluoroscopy & Ultrasound Guided Procedures in Pain & Dysfunctions, Updates on Opioid Prescriptions, Legal Updates & more.

8:15 A.M. – 9:00 A.M.  Pain Medicine Issues Today – Dr. Randall Braddom

9:00 A.M. – 9:45 A.M.  Implantable Devices & Pump Therapy, Ramsin Benyamin, MD

9:45 A.M. – 10:15 A.M.  Exhibit Hall Break

10:15 A.M. – 11:00 A.M. Advance Stimulation Techniques – Jason Pope, MD

11:00 A.M. – 12:00 P.M.  Epidural lysis of adhesions – Gabor Racz, MD

12:00 P.M. – 12:45 P.M. Luncheon & Presentation on Pump Therapy – Ramsin Benyamin, MD

12:45 P.M. – 1:15 P.M.  FAPM Annual Business Meeting

1:15 P.M. – 2:00 P.M.  Full Endoscopic Spinal Surgery From Concept to Reality
Marion McMillen, MD

2:00 P.M. – 2:45 P.M.  Use of Biologic Injectates PRP, Stem Cells, Chorionic Membrane for Pain Treatment with Regenerative Injection Therapy – Michael Scarpone, DO

2:45 P.M. – 3:30 P.M.  Regenerative Injection Therapies Principles & Practice – Felix Linetsky, MD

3:30 P.M. – 4:00 P.M.  Exhibit Hall Break

4:00 P.M. – 4:45 P.M.  Use of Stem Cells in the Treatment of Discogenic Pain with Regenerative Injection Therapy – Farhan Siddiqui, MD

4:45 P.M. – 5:30 P.M.  Nitromedicine -A New Medical Specialty -Salaheldin Halasa, MD

5:45 P.M. – 7:15 P.M.  President’s & FAPM Reception in the Exhibit Hall

7:15 P.M. – 9:15 P.M.  FSPMR Dinner & Annual Business Meeting
Sunday, August 14, 2016

The Legislative Day
(How the new laws affect the physician’s practices in Florida)

7:30 A.M. – 8:15 A.M.  Registration/Breakfast in the Exhibit Hall

8:15 A.M. – 9:45 A.M.  Opioid Crisis Symposium
  Panel Discussion led by Albert Ray, MD
  Darrell Contreras, Esq., Stanley Dennison, MD

9:45 A.M. – 10:15 A.M.  Break in the Exhibit Hall

10:15 A.M. – 12:00 P.M. Legislative Updates Affecting the Practice of Pain Medicine:
  Featuring David Aronberg, State Attorney, Ralph Nobo, MD, FMA President
  & Jeff Scott, FMA Lobbyist